



proud history ... great future

Puberty and Protective Behaviours unit

Dear Parents and Guardians,

The year 5/6 cohort is about to study an important unit on the early stages of puberty and protective behaviours, which many Year 5 and 6 students are beginning to experience. The students will be working in mix-gender classes during these lessons. This unit will be followed up next term with supportive content.

These lessons will help both boys and girls:

- Understand the physical and emotional changes they experience during puberty and acknowledge these changes as a normal part of growth and development.
- Learn the physiology of their bodies and correct terminology for parts of the reproductive system.
- Understand that personal hygiene is each individual's responsibility.
- Develop safe and appropriate networks and relationships with others and use strategies to keep themselves safe.

Materials for these lessons have been carefully collated and are aligned with the Western Australian Curriculum. At the end of the term of learning, the students will be divided by gender to discuss specifics of puberty for their gender. Female students will be led by female teachers and male students by male teachers. Another note about this meeting will go home closer its date.

If you do NOT want your child to receive this instruction, please let us know by the end of this week so we can organise alternate activities for your child.

If you have any questions about the program, please do not hesitate to ask.

Kind Regards,

Samantha Gamble, Awhina Horomia & Suzanne Dee
Year 5/6 Teachers
21/07/2021